




We've had a wonderfully busy and exciting time in pre-school this week, filled with celebrations, learning, and lots of fun!

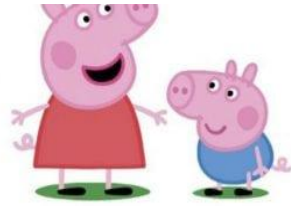
 This week, the children enjoyed learning all about **Chinese New Year**. We explored traditions, watched videos of lion dances, and talked about the importance of good luck and family celebrations. The children created beautiful, themed crafts and loved taking part in festive activities around the classroom. We also had great fun **dancing in the hall**, where the children explored moving to music, copying actions, and expressing themselves through movement. It was a fantastic opportunity for physical development and building confidence.

 To celebrate **Pancake Day**, the children enjoyed some wonderful role-play in the **Home Corner**, where they practised *flipping pancakes*! This was a big hit and led to lots of imaginative play and conversation about cooking, ingredients, and favourite toppings.

 In the spirit of **Valentine's Day**, we explored activities focused on love, kindness, and friendship. The children particularly enjoyed **matching numbered love hearts**, a fun activity that supported their number recognition and counting skills while tying in with the Valentine's theme.

Book of the Week

This week, our story focus has been *Peppa's Pancakes*, a fun tale all about Peppa Pig and her family getting ready for Pancake Day. The children enjoyed hearing how Peppa and George help Mummy Pig make delicious pancakes, learning about the ingredients, taking turns, and of course—the excitement of flipping them!



[Peppa Pig - Pancakes \(full episode\)](#)

Rhyme of the Week

This week we have been learning our new rhyme, *Five Crispy Pancakes*, perfect for Pancake Day fun!

The children have enjoyed using their fingers to count down and joining in with the repeated phrases.

[Five Crispy Pancakes || Nursery Rhymes || Animated Songs for Children](#)



This week the children have been singing a few of the people who help us songs from an online platform called sparkyarrd. They have had lots of fun this half term and have been exploring the following songs in music- doctors, firefighter, hairdresser and teacher. The children also sang 'five crispy pancakes' to Mr Foster! He loved it!



Please have an amazing break next week, enjoy some family time and rest, we look forward to seeing you soon!

Physical Development

This half term, the children have really enjoyed developing their football skills during P.E. We have been so impressed with their teamwork, coordination, and enthusiasm each week. Our football unit has now come to an end, and we are incredibly proud of the progress the children have made.

Looking ahead to next half term, we are excited to begin our gymnastics topic. The children will be working with Harry from Pure Sport, who will be leading engaging sessions focused on balance, movement, and exploring different ways of travelling and using space safely. We can't wait to get started!

Diary Dates and reminders.

Friday 13th February- End of half term (last day of Pre-school)

Monday 23rd February- Children return to Pre-school

Tuesday 24th February- 9.05am Pre-school

Language and reading workshop

Easter craft session- Monday 23rd March 2.05pm. (information to follow)

Friday 27th March- end of term

Monday 13th April- Children return for summer term.



Reminders for Return

- We are sending all things home today please check sizes and return on the first day back after half term.
- Make sure your child has spare clothes including pants and socks every day.
- Please make sure small fruit including small grapes and blueberries are cut before coming into pre-school.
- Please make sure everything has your child's name on, we do have quite a lot of things go missing and it is so much easier when it has a name.

Thank you for your continued support
Mrs Bradley and the pre-school Team

Safeguarding

This week in Pre-School, we've been learning how to be **super-safe explorers** when we go online! 🌟

On Wednesday, the children in Pre-School and Reception joined Mrs Bradley for a special "Keep Safe Online" assembly, where they discovered all sorts of smart and simple ways to use computers and tablets safely.

The children loved learning that:

- 👁️ A grown-up helper should always be nearby when they're using a device.
- 👍 Only click on apps and games that an adult has said are okay.
- 🗨️ If something pops up that looks odd, funny or a bit worrying — tell a grown-up straight away!
- 💖 Kindness matters online too, just like in the classroom and playground.

We encourage families to chat at home about staying safe online. Even simple conversations help children build great habits early on.

Thanks to all our little digital explorers for joining in with so much enthusiasm! 🌈 ✨

Mental Health Awareness

At this age, children are discovering who they are, how they feel, and where they fit in the world. Supporting their mental health now helps them build confidence, resilience, and a strong sense of self as they grow.

This week, we are focusing on the affirmation: ✨ "I am Special" ✨

We are helping the children recognise the wonderful things that make them *uniquely them* — their ideas, their kindness, their laughter, and all the little things that make them who they are. Positive affirmations like this help young children:

- 💖 Build self-esteem
- 😊 Understand and name their feelings
- 🌟 Feel valued and confident
- 🤝 Develop empathy and positive relationships

🌿 Calming Activity Idea to Try at Home

"Star Breaths" — A Simple Mindfulness Moment A lovely, calming activity for 3–4-year-olds is something we call **Star Breaths**:

1. Hold up your hand like a star 🌟
2. Use the finger of your other hand to slowly trace around your star-hand
3. **Breathe in** as you move up each finger
4. **Breathe out** as you move down each finger
5. Continue until all five fingers have been traced
6. Finish by saying together: "I am Special."

This helps children slow down, relax their bodies, and focus on their breathing — perfect for busy minds and wiggly little bodies!

Together, we can help our children grow into confident, happy learners who know just how special they truly are. 🌟

If you'd like more calming activity ideas or wellbeing resources, just let me know!



Pre-school Talk Newsletter- 13th February 2026